

Activity Schedule Pull-Out

April - June 2008



*Live Here.
Play Here.*

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From the Director's Desk...

FINDING A WAY

It has been over 1 1/2 years since the **Culpeper Recreation Foundation Inc.** purchased and installed scoreboards at the Culpeper Sports Complex. At that time the economy was still booming and many volunteers with good intent were offering their time or materials to either dig and backfill ditches, donate and lay conduit in the ground, or donate and run electrical wire for connection to the boards. At that time volunteers and small to medium size companies had plenty of work but limited time.

My, how a year and a downturn in the economy can change things! Many individuals and companies that were once in position to offer material support are now fending for their own livelihoods and have limited discretionary spending for supplies, equipment or even labor. However, one group was able to overcome the difficulties of the economy and finish a project that had waited too long.



The Culpeper Football Association (CFA) rallied members to provide the necessary equipment, supplies and manpower to embrace the

daunting task of digging, backfilling, purchasing the conduit and wire, and then finalizing the job by attaching the wire to three football scoreboards. It took an entire day in very warm weather to complete the project and with no expense to the County.

Those that participated were Mike Russell of **M.D.Russell Construction**, Rusty Powell, Bart Staton and Chris Mitchell of **Tri Hand Construction**, Ken Dawson of **Dawson Electric**, CFA members Tony Carroll, Wayne Twomey and Kenny Jackson and Park Superintendent Mike Skelton of **Culpeper County Parks and Recreation Department**. Their contributions will be acknowledged at the Sports Complex.

With the football scoreboards in operation, the parks and recreation staff focused on the little league/softball scoreboards. A casual conversation between Ramone Serrato, Director of George Washington Carver Education & Training Center (GWC), Supervisor Bill Chase and park and recreation staff about a future park project, turned into a golden opportunity for both the County and GWC students. GWC students train on how



to operate heavy equipment at the school and normally remain at the school site. The parks and recreation staff had the scoreboard project with minimal funding, and worse, no volunteers.

After the GWC staff decided the project met the schools criteria, a perfect partnership was created. GWC students would get on-the-site training experience at the complex, and the community would furnish the wire, conduit and other materials. The site work, trenching and backfilling would normally be considered the most expensive part of a projected \$50,000 job by private companies.

Culpeper Little League Baseball & Softball contributed \$5,000 towards the job. Unfortunately, additional funds and materials are still needed to help defray the expense of the remaining costs required to finish the construction. Department staff in cooperation with George Washington Carver students are striving to finish the construction prior to the spring baseball season.

Anyone interested in helping with this project or the restroom/concession buildings may do so by donating to **Culpeper Recreation Foundation, Inc.** (See page 30 for details).

A simple phone call from **Lowe's Home Centers, Inc.** evolved into a community-supported project. Several months ago parks and recreation department director John Barrett received a call from a staff member at Lowe's offering Parks and Recreation funds and manpower towards a worthwhile venture. Barrett has always wanted to build a therapeutic garden for individuals who have lost one or several of the five senses. The idea was immediately a winner with Lowe's management and fit the criteria of the Hero's Project.



Besides Lowe's, other community businesses that have donated either time, materials, or equipment are **A & B Kearns Trucking and Stone Center**, **Cedar Mountain Stone Corporation**, **Atler B. Stanley & Sons, Inc.** and **Chemung Contracting Corporation**.

Culpeper County Parks and Recreation Department, with assistance from Rappahannock-Rapidan Regional Planning District 9 was awarded a \$45,000 grant from the Virginia Department of Transportation (VDOT). The funds will be used to have a VDOT on-call consultant study the county and provide a comprehensive bicycle plan that will support the Culpeper County Comprehensive Plan and integrate with the Town of Culpeper's already completed "Sidewalk, Bikeway and Trail Master Plan." Additional information about the study will be forthcoming.

Spring Schedule



ARTS & CRAFTS



ONE STROKE PAINTING

Ages: 16-adult

One Stroke Painting is a decorative painting technique where blending, shading, and highlighting are completed with one brush stroke. Supply list and class subjects for both sessions are available on our website or in the office. Students should wear old clothes, smocks, or aprons.

Instructor: Linda Bradshaw

Location: Culpeper Co. H.S.—Art room

Session 1: Painting on Glass, 5 wks

This class will focus on painting on glass using enamel paints. *Registration Decision:* 3/26

Option A: Mon 3/31-4/28 6:30-8:30p \$39

Option B: Tue 4/1-4/29 6:30-8:30p \$39

Session 2: Painting with acrylics, 6 wks

This class will focus on painting on different materials (canvas, cloth, etc) with acrylic paints.

No class 5/26. *Registration Decision:* 4/30

Option A: Mon 5/5-6/16 6:30-8:30p \$47

Option B: Tue 5/6-6/10 6:30-8:30p \$47

BOW MAKING WORKSHOP

Ages: 16-adult, 1 class

Come join professional florist, Jim Stubblefield, and learn how to make beautiful bows out of ribbon.

All supplies included.

Instructor: Jim Stubblefield

Location: Community Room, 303 N. Main

Registration Decision: 4/11

Thu 4/17 6-8p \$25

CAKE DECORATING BASICS

Ages: 13-adult, 1 class

This class will show the basics of cake decorating, from icing to borders to roses. Yep, even learn how to make roses. All supplies are included. Class is limited to 4 participants.

Instructor: Tabitha Riley

Location: Community Room, 303 N. Main

Registration Decision: 5/9

Sat 5/17 1-4p \$35

DANCE

LITTLE DIVAS

Ages 3-5, 8 wks

Bring your little one out to learn kids' dances all using dance pom-poms, which are provided. **No class 5/26**

Instructor: In Motion Center Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 4/2

Mon 4/7-6/2 12:15-12:45p \$48



CREATIVE MOVEMENT

Ages 3-5, 8 wks

Exploring movement through dance & play. Will include things like parachute play, spider crawl, rolling in a straight line & much more.

No class 5/26

Instructor: In Motion Center Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 4/2

Mon 4/7-6/2 12:45-1:15p \$48

NEW CLASS INFORMATION LAYOUT

In trying to save space, class information has a new layout.

Title of the class

Ages that can participate, # of weeks/classes

Description of the class, some additional details may be found online

Instructor's Name

Location where class will be held

Registration Decision: date we must have the minimum number of registrations to hold the class. If minimum met, registrations will still be accepted.

Day; Dates; Time class is held; Cost per person

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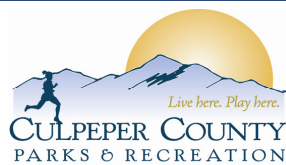
Culpeper Recreation
Foundation, Inc.27

**www.CulpeperCounty.gov/
ParksNRec**

**155 West Davis Street, Suite 100
Culpeper, Virginia 22701**

Phone: (540) 727-3412

Fax: (540) 727-2802



Spring Schedule

TWINKLE TOES

Ages 3-5, 8 wks
Preschool students will learn the beginning movements for ballet, including positions. **No class 5/26**

Instructor: In Motion Center - Miss Terri
Location: 128 W. Culpeper St, Suite 200
Registration Decision: 4/2
Mon 4/7-6/2 1:15-1:45p \$48

BALLROOM I

Ages 16-Adult, 8 wks
This class will teach you a number of the elegant dance steps seen in many of the world's finest ballrooms. Try the Waltz, Cha-cha, Rumba, and Fox Trot, along with others.

Instructor: John Gentile
Location: Community Room, 303 N. Main
Registration Decision: 3/27
Wed 4/2-5/21 7-8p \$40single/\$72 Couple

BALLROOM II

Pre-requisite: Ballroom Dancing I
Ages 16-Adult, 8 wks



An extension of Ballroom Dancing I, your ballroom dancing skills will be taken a step further with additional emphasis on leading & following as well as additional turns, moves, and maneuvers.

Instructor: John Gentile

Location: Community Room, 303 N. Main

Registration Decision: 3/27
Wed 4/2-5/21 8-9p \$40single/\$72 Couple

COUNTRY WESTERN DANCE

Ages 16-Adult, 8 wks
Grab a partner and let's have some fun. This class will teach the classic Country and Western dances like the two-step and country waltz. Don't wait! Sign up now!

Instructor: John Gentile
Location: Community Room, 303 N. Main
Registration Decision: 3/27
Wed 4/2-5/21 9-10p \$40single/ \$72Couple

HEALTH & FITNESS

TAI CHI

Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind and spirit. This wonderful, healthy exercise is appropriate for both men and women. Ages 13-17 must be accompanied by a registered adult

Instructor: Remi Godlewski
Location, dates, times, and fee will be online.

SEATED FITNESS

Ages 60 & up
A gentle, seated, functional fitness class for people 60 and older. This class is designed to increase muscle strength, overall flexibility, and range of motion, often lost as we age. Please bring your own water and a towel.

Instructor: Sharon Steele
Location: Culpeper County Library
Registration Decision: Friday before session starts
Wed 2-3p
Session 1: 4/2-4/30 5wks \$17
Session 2: 5/7-5/28 4wks \$14
Session 3: 6/4-6/25 4wks \$14

FIT FOR LIFE

Ages: 25 & up
This class is full of fun, low-impact exercises and aerobic dance moves. Please bring a water bottle, face towel, and set of light hand weights.

Instructor: Maggie Corradi
Location: The Depot
Registration Decision: Friday before session starts
Mon &/or Thu 10:30-11:30a
Session 1: Apr 3-28
Option A: Mon 4 classes \$16
Option B: Thu 4 classes \$16
Option C: Mon & Thu 8 classes \$32
Session 2: May 1-15
Option A: Mon 2 classes \$8
Option B: Thu 3 classes \$12
Option C: Mon & Thu 5 classes \$20

LEISURE LEARNING



BULK/FREEZER COOKING BASICS

Ages 18 & up, 1 class
This class will review the basics of bulk/freezer cooking. You'll learn how to get started and demystify the process. Participants will receive a packet with forms to help the process and recipes for some delicious meals. Bulk/freezer cooking can really save time and money for all

Instructor: Amy Schrader
Location: Community Room, 303 N. Main
Reg. Decision: session 1-4/16; session 2- 5/13
Session 1: Mon 4/21 6:30-8:30p \$10
Session 2: Sat 5/17 9-11a \$10



FLY FISHING

Ages: 18 & up, 2 classes
Fly-fishing is often described as being equal parts art and sport. Join Eastern Blue Ridge Fly Fishing (EBRFF) instructors for a two-day basic fly-casting course.

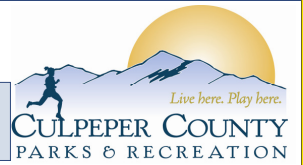
Day 1: Learn about the history of fly-fishing, knot tying, rods, reels, lines and casting.
Day 2: Instructors cover fly selection, choosing the right fly, proper fish handling, photographing your catch and advanced casting techniques including the roll cast, shooting line and false casting. The day concludes with a discussion about where to fish and stream etiquette and conservation.

All equipment and instructional materials will be provided. Participants may also bring their own equipment. Instruction takes place on private property, so no fishing license is required. Participants are encouraged to bring a lunch. Rain date is 4/19-20.

Instructor: Eastern Blue Ridge Fly Fishing
Location: Old House Winery,
18351 Corky's Ln, Culpeper
Registration Decision: 4/8
Sat & Sun 4/12-13 9a-1p \$75

If you really like fly-fishing or want to learn more, see page 24 for a trip to Waynesboro for the Virginia Fly Fishing Festival.

Spring Schedule



WINE TASTING

Ages 21 & up, 1 class
For those who want to learn about wines this is the perfect class for you. Join the staff at the Old House Winery and learn about the wine making process and taste numerous different wines made on site. Fruit and cheese will be provided to go with the wines. The wine glass is yours to keep.

Instructor: Old House Winery Staff

Location: 18351 Corky's Ln, Culpeper

Registration Decision: 4/21

Thu 4/24 6:30p-8:30p \$14



TREE CARE 101

Ages 16-adult, 1 class
This class will cover basic tree care. Learn how to select a healthy tree, the right tree for your area / how big the tree will get; property damage by trees; insect damage; how to properly plant your new tree, mulching, pruning, and other general tree care tips.

Instructor: Erik Filep, Arborist, Va. Dept of Forestry

Location: Spilman Park, 3543 Colvin Rd

Registration Decision: 4/8

Sat 4/12 9-11am \$10



GAMES, GAMES, GAMES

Ages 3-13, 1 class
Come ready to play. A variety of games will be here to play while we have Chicken Nuggets for dinner. Cupcakes and chips will be here for the munching too.

Instructor: In Motion Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 4/7

Fri 4/11 6-10p

Fee: 1st child is \$38. 2nd & 3rd children are an additional \$10 each. Must be from the same family address



SLEEPOVER FUN

Ages 3-13, 1 class
Come dressed in your comfy clothes as we have pizza for dinner, pop popcorn, make sundaes & watch some of our favorite movies. Don't forget to bring a blanket and pillow (sleeping bags welcome too).

Instructor: In Motion Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 5/12

Fri 5/16 6-10p

Fee: 1st child is \$38. 2nd & 3rd children are an additional \$10 each. Must be from the same family address

BALLOON SCULPTING

Ages 5-adult, 1 class

Have you ever wondered how to make balloon animals? Learn how to create an entire zoo with this balloon sculpting class. This is a perfect family activity! Anyone under 10 must be accompanied by someone 16 or older who is registered.

Instructor: Wes Iseli, Magician

Location: Community Room, 303 N. Main

Registration Decision: 4/8

Sat 4/12 5-6p \$14

INTRO TO MAGIC FOR KIDS

Ages 5-9, 1 class

Hey Kids! Want to learn some magic tricks? Then tell Mom & Dad to sign you up for this hands-on class where you will learn card tricks, money tricks, mind-reading tricks, and much, much more.

Instructor: Wes Iseli, Magician

Location: Community Room, 303 N. Main

Registration Decision: 4/8

Sat 4/12 6-7p \$14

INTRO TO MAGIC FOR EVERYONE ELSE

Ages 10-adult, 1 class

Have you always wanted to be able to show off some neat magic trick at a party? Then come on out and learn some great ones. You will learn card tricks, mind-reading tricks and more.

Instructor: Wes Iseli, Magician

Location: Community Room, 303 N. Main

Registration Decision: 4/8

Sat 4/12 7-8p \$14



DIGITAL CAMERA BASICS

Ages 16-adult, 2 wks
So you've got yourself a shiny new digital camera. Have you figured out how to use all the features yet? If not, this is the perfect class to get you started. Bring your camera, manual, &



yourself for this introduction to using your digital camera.

Instructor: Brian Ashdown, photographer

Location: Floyd T. Binns MS

Registration Decision: 5/2

Wed 5/7-5/14 6-8p \$35

ADVANCED DIGITAL PHOTOGRAPHY

Ages 16-adult, 6 weeks

This class will focus on Digital Single Lens Reflex Cameras. Topics covered will include: Usage and operation of the camera, menu functions, options for lighting, and more. So if you have a digital single lens reflex camera and want to know more about its operation and how to use it effectively, this is the class for you.

Instructor: Brian Ashdown, photographer

Location: Floyd T. Binns MS

Registration Decision: 4/9

Mon 4/14-5/19 6:30-7:45p \$55

PAWS, HOOFS, FEATHERS & FINS

K.I.S.M.I.F. DOG OBEDIENCE

Keep it Simple, Make it Fun

First class is an orientation for owners only. Please bring a copy of Fido's current immunization record to the first class, but please leave Fido at home.

PUPPY KINDERGARTEN

Ages: Puppies 3-5 months;

Humans 7 & up (under 16 w/ adult), 8 wks
Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. We will focus on attention, better behavior, and communication through verbal & visual cues.

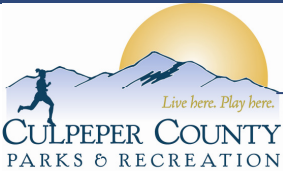
Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Registration Decision: 4/26

Tue 4/1-5/20 6-7p \$90

(Continued on page 20)



Spring Schedule

BEGINNING MANNERS I

Ages: Dogs 4 months & up -
Humans 7 & up (under 16 w/ adult), 8 wks
Does your puppy/dog need to learn some manners? If so, then here's the solution; bring Fido out to this class where he/she will learn basic commands and enjoy socializing with other dogs. Any dog, whether they're 4 months or 4 years, can attend.
Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main
Registration Decision: 4/26
Tue 4/1-5/20 \$90
Option A: 10-11a Option B: 7-8p



BEGINNING MANNERS II

Prerequisite: *Must have taken the Puppy Kindergarten, Beginning Manners, other dog obedience class, or placement by instructor.*
Ages: Dogs 4 months & up -
Humans 7 & up (under 16 w/ adult) 8 wks
Now that your wonderful bundle of fur knows the basics of obedience: sit, stay, and come; it's time to work on encouraging him to listen to your commands every time. Keep building the bond between you and your dog by helping him/her be the best companion he/she can be.
Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main
Registration Decision: 4/28
Thu 4/3-5/22 6-7p \$90

DOG OBEDIENCE DISCOUNTS

- * Seniors - 55 & up - 10% discount
- * 2nd dog in same family—10% discount
- * Dogs adopted from Culpeper Animal Shelter - 20% discount - must provide copy of adoption contract
- * Only one discount per dog per family.

CANINE GOOD CITIZEN / INTRO TO PET THERAPY

Prerequisite: *Must have taken the Beginning Manners I or II, other dog obedience class, or placement by instructor.*
Ages: Dogs 6 months & up;
Humans 7 & up (under 16 w/ adult) 8 wks
This class will help you and your best friend pass the 10 steps required to receive a Canine Good Citizen certification. Additionally, training will enhance the bond between you and your best friend.
Instructor: Betty Ann Howell
Location: Community Room, 303 N. Main
Registration Decision: 4/26
Session 1: Tue 4/1-5/20 11a-12n \$90
Session 2: Thu 4/3-5/22 7-8p \$90



PUPPY OBEDIENCE

Ages: Dogs 3-7 months; Humans 12 & up (under 16 w/ adult) 6 wks
NEW! This fast-paced, fun class is taught by professional trainer/behaviorist, Joanne McCleary. Joanne uses her innovative "from the dogs' point of view" to teach basic obedience and socialization as well as introduction to agility, fly-ball and rally 0.
Instructor: Joann McCleary
Location: Culpeper Animal Shelter
Registration Decision: 4/22
Sat 4/26-5/31 10-11a \$75



Ironwood Farm offers English Riding lessons on child-friendly Norwegian Fjords.

All Riding classes: The first class spends time on basic grooming, how to tack your horse, and safety around the horses. **Students must wear hard sole shoes with a heel. Helmets will be provided and are required at all classes.**
Directions to Ironwood Farm are available on the Department's webpage and in the office.

PONY RIDING I

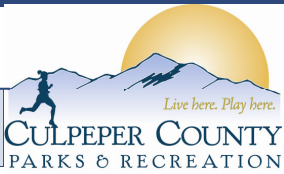
Ages: 4-6, 6 wks
Students will learn basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted.
Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville
Registration Decision: 3/31
Sat 4/5-5/10 10-10:30a \$95

PONY RIDING II

Prerequisite: *Pony Riding I at Ironwood Farm*
Ages: 4-6, 6 wks
This class is a continuation of what students have already learned. Emphasis is on refining their skills on horseback at the walk and trot. Parent or other adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted.
Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville
Registration Decision: 3/31
Sat 4/5-5/10 11-11:30a \$95

BEGINNING HORSEBACK RIDING

Ages 7-adult, 6 wks
Students will learn to ride a horse independently at the walk and begin to trot, also to post and ride in 2-point position. Basic position and commands will be emphasized through fun drills and games on horseback. Register early as this class only accepts 5 students.
Instructor: Ironwood Farm Staff
Location: 10291 Homeland Road, Rixeyville
Registration Decision: 3/31
Session 1: Thu 4/10-5/15
Ages 7-adult 4:30-5:30p \$130
Session 2: Sat 4/5-5/10
Option A: Ages 7-12 1-2p \$130
Option B: Ages 13-adult 3-4p \$130



Spring Schedule



NATURAL HORSEMANSHIP

Ages 14-adult, 8 wks
Enjoy the farm environment while learning what makes horses “tick.”

Discover a whole new level of understanding horses, herd behavior, prey/predator instincts vs. human behavior and how they are interrelated. Learn to “read” the body language of animals and see how closely it mirrors human relationships.

Participants under 18 must have an adult onsite during class. Hard sole shoes with a heel are required. A helmet will be provided and must be worn at all times.

Instructor: Majestic Meadows Stables

Location: 23114 Maddens Tavern Rd,
Stevensburg

Registration Decision: 4/8

Session 1: Tue 4/15-6/3 7-9p \$100

Session 2: Sat 4/12-5/31 12-2p \$100

PRESCHOOL



ANIMAL KINGDOM
ADVENTURE

Ages 2.5-5.5

Fabulous fun awaits each week as your preschooler enjoys themed learning through interactive play using music and movement, exciting storytelling, games, and crafts. A light snack is provided. Please bring a water bottle and wear sneakers and play clothes. Caregiver must be present during entire class for child who does not separate well or is not potty trained. **Class descriptions online.**

Instructor: Tracy Wormack

Location: Community Room, 303 N. Main

Registration Decision: Wed. before class

Mondays, 10a-12n

Fee: \$25 per session per child

Session 1: 4/14 Chipmunks, squirrels,
guinea pigs, and rabbits

Session 2: 4/21 Kittens, puppies, birds, and
goldfish

Session 3: 4/28 Whales, stingrays, & sharks

Session 4: 5/5 Shellfish

Session 5: 5/12 Fishy fun

Session 6: 5/19 Flying bugs

Session 7: 6/2 Ladybugs and beetles

Session 8: 6/9 Worms and ants

Session 9: 6/16 Grumpy bugs



CREEPERS AND CRAWLERS

Ages: 10 months to 30 months

Join us for fun interactive play using music and movement, exciting storytelling, and crafts designed to build gross motor skills and create exciting memories for both baby and caregiver. Please bring a light snack and/or water bottle labeled with your child’s name and wear non-skid footwear and play clothes. Caregiver must be present during entire class. No more than two children per caregiver. **Class description online.**

Instructor: Tracy Wormack

Location: Community Room, 303 N. Main

Registration Decision: Wed. before class

Mondays, 12:30p-2p

Registration Fee: \$15 per session per child

Note: Supply fee paid to the instructor at the beginning of the class.

Session 1: 4/21 My Pets Supply fee of \$15

Session 2: 5/19 Under the Sea Supply fee \$10

Session 3: 6/16 Buggin’ Out Supply fee \$10



PRINCESS TEA TIME

Grades K-3rd, 8 wks

Every girl needs a girls’ day out! Each week your daughter comes dressed in her favorite princess attire. Class will begin with a different princess story each week followed up by a tea party (of cookies and juice of course) while enjoying princess music. Finally we will create crafts fit for royalty.

Instructor: In Motion Dance Center Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 4/7

Fri 4/11-5/30 4:30-5:30p \$85



STORY TIME BALLERINAS

Ages 3-5, 8 wks

Your little ones can learn to dance like their favorite story-book ballerinas. Class will begin with a story about ballerinas, dance or the ballet followed up with 30-minutes of ballet instruction and finished up with creating a picture journal that will be completed at the last class.

Instructor: In Motion Dance Center Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 4/7

Fri 4/11-5/30 1-1:45p \$52



PRESCHOOL PICASSOS

Ages 4-5, 8 wks

Let your little one explore their artistic abilities. Each week lessons begin with a short lesson on the proper use of each medium and then a craft using the new medium. 3 year olds who have completed our Creative Arts class may participate.

Instructor: In Motion Dance Center Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 4/7

Fri 4/11-5/30 11a-12p \$75

CREATIVE ARTS

Ages 3-5, 8 wks

Time to get out and have some fun making lots of different projects. This class will provide an introduction to different art methods.

Instructor: In Motion Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 3/28

Wed 4/2-5/21 12:30-1:30p \$75

PRESCHOOL BASICS

Ages 3-5, 8 wks

Colors, Shapes, ABC's, 123's, all through play, crafts & stories

Instructor: In Motion Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 3/28

Wed 4/2-5/21 9:30-11:30a \$90



PRESCHOOL EXPLORERS

Ages 3-5, 8 wks

Each week your child will explore and learn about different animals. Stories, crafts, and lessons all revolve around weekly themes. Excellent follow-up to preschool basics.

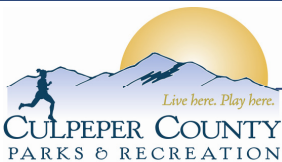
Instructor: In Motion Dance Center Staff

Location: 128 W. Culpeper St, Suite 200

Registration Decision: 3/28

Fri 4/11-5/30 9:30-10:30a \$75

Additional Preschool classes are
available in the Dance Sections and
on the next page.



Spring Schedule

BABY SIGNS ® I

Ages 6-36 months, 6 wks
Designed for parents and healthy, hearing children, this play class highlights signs that are most important in the lives of babies. Fee includes a take home kit. Siblings must meet age requirements and be registered in the class to attend.

Instructor: Susan Peed, Certified Instructor
Location: Community Room, 303 N. Main
Registration Decision: 3/28
Thu 4/3-5/8 9:30-10:30a \$125

BABY SIGNS ® II

Ages 6-36 months, 6 wks
For those who have already completed Baby Signs ® I, this class will continue with more signs, songs, and games. Fee includes a take home kit. Siblings must meet age requirements and be registered in the class to attend.

Instructor: Susan Peed, Certified Instructor
Location: Community Room, 303 N. Main
Registration Decision: 5/16
Thu 5/22-6/26 9:30-10:30a \$125

BEGINNING TUMBLING I

Ages 2-5, 6 wks
Bring your little boys and girls out to learn the proper ways to tumble, through organized play. Adult participation is required. Child must meet age requirement by 4/25. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson
Location: Community Room, 303 N. Main
Registration Decision: 4/7
Fri 4/11-5/16 \$30
Option A: Ages 2-3.5 9:30-10:15a
Option B: Ages 3.5-5 10:30-11:15a

BEGINNING TUMBLING II

Ages 2-5, 6 wks
For those that have already taken Tumbling I, this class will continue to develop tumbling skills. Adult participation is required. Child must meet age requirement by 4/25. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson
Location: Community Room, 303 N. Main
Registration Decision: 4/7
Fri 4/11-5/16 11:30a-12:15p \$30

ROCK & ROLL

Ages 2-5, 6 wks
Tumbling and dancing, together at last. Bring your little ones out for this high-energy class where they will learn the proper way to tumble, as well as getting to do some creative dancing. Adult participation is required. Child must meet age requirement by 4/25. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson
Location: Community Room, 303 N. Main
Registration Decision: 4/4
Wed 4/9-5/14 \$30
Option A: Ages 2-3.5 9:30-10:15a
Option B: Ages 2-3.5 10:30-11:15a
Option C: Ages 3.5-5 11:30a-12:15p

SENIORS

SILVER CITIZEN CLUB:

“Old age is not for sissies!”
~Bette Davis, actress~

Feel like meeting a few new friends? Join us for Culpeper County Parks and Recreation’s largest and most entertaining program.

Every Wednesday join fellow active adults and senior citizens at a weekly meeting. Enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many of Culpeper’s seniors the program provides an environment where lasting friendships are created.

Don’t expect the Silver Club to stay put every week. The club usually takes a trip every two months. Check out the ***Trips*** section on page 24 to see upcoming trips.

The Silver Club also stays informed of local happenings through its speaker program. Over the past year the group has listened to presentations from community organizations, police,

businesses, county officials, entertainers, historians, authors, storytellers and other notable members of the community.

The Silver Club strives to benefit its members and the community-at-large. Now is the time to recycle your expertise and life experience and share it with others.

Interested in becoming a Silver Club Member?

The Club meets every Wednesday from 10am – 2pm
Location: Culpeper County Library Meeting Room
Fee: \$5 per year. Ages 55 and up (Must be a Culpeper Resident)

SENIOR CRAFTS

Ages 50+
Enjoy the company of fellow active seniors and create a wide array of crafts. This is an ongoing Silver Club activity held once a month after lunch.

Instructor: Frances Wood
Location: Culpeper Co. Library - Large Meeting Room
3rd Wed of each month, 1-2p
Fee: \$1.00 Silver Club Member /month
\$2.00 non-Silver Club Member/month

SENIOR WRITING CLUB

Ages 50+
Everyone has a story to tell. Learn to put your stories into words and enjoy fun-filled writing exercises with fun-loving seniors. Don’t worry about experience. We’ll help you every step of the way.

Instructor: Marshall Conner
Location: Culpeper Co. Library - Large Meeting Room
2nd & 4th Wed of each month, 1-2p
Fee: \$1 yearly

Spring Schedule



SPECIAL EVENTS

ECHOES OF GLORY 5K

Open to all ages. See page 28 for details.



HERSHEY TRACK & FIELD

For ages 9-14. Culpeper County boys and girls ages 9-14 as of Dec. 31, 2008, can compete in track and field events. Winner will move on to the next level of competition. **Please use SPECIAL REGISTRATION FORM** available online or in the office. Or mail a self addressed stamped envelope to our office, to Attention: Hershey. This is a **FREE** event.

MOONLIGHT PADDLE

All ages. Anyone under 18 must be accompanied by an adult. Join volunteer guide Bill Marsh for an evening of paddling, snacks, and sightseeing at Lake Pelham. Wear appropriate attire: clothes and sneakers you don't mind getting wet. Also, bring a change of clothes just in case. **Must have your own canoe or kayak & life jackets are required.** Boat permit fees will be waived for this event. Glow sticks will be provided as well as some minor refreshments, participants may bring their own refreshments, but alcohol is not allowed. A portion of the registration fees will be donated to the Water Rescue team, who will also be on site. Show up between 8:00p-8:30p, paddle starts at 9:00p and last about 2 hours. **Location:** Lake Pelham, Henretty Drive
Volunteer Coordinator: Bill Marsh
PRE-REGISTRATION REQUIRED by 5/14
Sat 5/17 8-11:30p \$8 per person



COMMUNITY YARD SALE

Bring all your no-longer-loved items and sell them to a new owner. You price it; you keep the money. Bring your own table or blanket. Spaces are approximately 18' x 18' and you can reserve more than one space. All monies collected for space reservation will go to support the Culpeper Sports Complex. Event is held Rain or Shine!

In person registration is preferred, so that you can pick your own space. Mail-in registrations will be assigned a space.

Space reservations must be received by 5/15

Coordinator: John Barrett
Location: Floyd T. Binns Middle School
Lower Parking Lot on Radio Lane

Saturday, May 17
Set-up 7:00a Sale 8:00a-1:00p

\$15.00 per space – checks payable to
Culpeper Recreation Foundation



SILVER SCREEN CLUB

Do you like classic films? Then join us for a Friday afternoon movie. Films are selected from American Film Institute's Top 100 Films List and for artistic merit. Most films are pre-1970s and tend to be from the 1930s to 1960s. Everyone is welcome to attend! For specific titles to be shown contact Marshall Conner at mconner@culpepercounty.gov or at 540-727-3412 ext 6.
Dates: Mar. 7 & 14; Apr. 4 & 18; May 9 & 16; Jun. 6 & 13
Times: 1:00 pm to approximately 3:30 pm (depending on film).
Location: GWC Piedmont Tech, 9432 James Madison Hwy, Rapidan
ADMISSION IS FREE!

SPORTS

HERSHEY TRACK & FIELD

For ages 9-14. See Special Events for details

ECHOES OF GLORY 5K

Open to all ages. See page 28 for details.

VOLLEYBALL

Ages 16-adult, 6 wks
Come out and have some fun playing volleyball and meet some new friends. Some experience is beneficial. Pre-registration is required.
Sun 3/30-5/4 7-9p \$44

YOUTH SPORTS LEAGUES

Are not operated by the Department. Visit our website for contact information.

SUMMER CAMPS



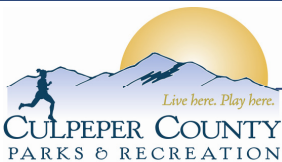
HORSE FANTASTIC CAMP

Ages 7-16, 2 wks
For all those horse lovers out there, this is the camp for you. Nothing but horses for 2-weeks. More

details are online
Instructor: Diana Phillips
Location: Ironwood Farm, 10291 Homeland Road, Rixeyville
Mon-Fri 9a-2p \$450
Session 1: Ages 7-16 6/16-6/27
Session 2: Ages 7-12 7/7-7/18
Session 2: Ages 13-16 7/21-8/1

EQUINE EXCELLENCE CAMP

Ages 7-16, 2 wks
For the horse lover who has some riding experience, this is the camp for you! During the next two weeks you'll learn about prepping for a horse show, attire, show classes, and how to handle things with horses when they are not cooperating. Participants will also be able to participate in the Fjord Horse Show held at Frying Pan Park on 8/17 (show entry fees additional) More details online.
Instructor: Diana Phillips
Location: Ironwood Farm, 10291 Homeland Road, Rixeyville
Mon-Fri 8/4-15 9a-2p \$450



Spring Schedule

MAD SCIENTIST SUMMER CAMP

Ages 6-11, 1 wk
If you like to experiment then this is the camp for you! Learn to make batteries from oranges and lemons, work with super powerful magnets, make a lava lamp and much more!
Instructor: Sciensational Workshops for Kids
Location: TBA
Mon-Fri 7/28-8/1 9a-12n \$130

DIGGERS DELIGHT SUMMER CAMP

Ages 6-11, 1 wk
In this camp you get to excavate for valuable gems, fascinating rocks and some ancient fossils. All are yours to keep. Learn to identify what you find and discover the fun of archeology.
Instructor: Sciensational Workshops for Kids
Location: TBA
Mon-Fri 7/28-8/1 12:30-3:30p \$130

SUMMER VOLLEYBALL CLINIC

For rising 9-12 graders, 4 wks
Get ready for fall volleyball tryouts by coming to this clinic. Setting, passing, spiking, and much more will be covered in this clinic.
Instructors: Theresa Gore & Kevin Mozingo
Location: Emerald Hill Elementary School
Registration Decision: 7/2
Tue 7/8-7/29 6-8p \$TBA

ADDITIONAL CAMPS ONLINE

TRIPS

THOROUGHLY MODERN MILLIE
AT RIVERSIDE DINNER THEATRE

Matinee on March 12. Call Marshall Conner at 727-3412 ext 6 to check availability.

RINGLING BROS. CIRCUS

Welcome to The Greatest Show on Earth! Get ready, sign up, and let's have a three-ring-circus fun time! Travel to the Patriot Center will be on a luxury motor coach, so let us worry about the driving. Meals are on your own.
Sat 4/5 1:15-7:30p \$53

VIRGINIA FLY-FISHING FESTIVAL

The 8th Annual Festival in Waynesboro will have: fly-fishing experts, food, live entertainment, kayaks, outdoor clothing, art and crafts, fly-fishing tackle, wine tasting, fishing vacation opportunities and more.
Registration deadline is April 14th
Coordinator: Marshall Conner
Sat 4/19 7a-6p \$38

FLOWER MART &
NATIONAL CATHEDRAL

Come enjoy Flower Mart at the National Cathedral in Washington, D.C. (68th Annual Flower Mart and Festival). Flowers will be on display and sale from around the world.
Registration Deadline is April 22
Fri 5/2 8:30a-5p \$25

POTOMAC EAGLE TRAIN

For three hours enjoy a narrated excursion through a tranquil and pristine mountain valley. This is the eastern home of our magnificent national symbol, the American Bald Eagle. Bring your cameras for a great family outing. History and scenic beauty combine for an awesome travel experience. (Bald Eagle sightings are not guaranteed).
Pack your own lunch, or if you would like a box lunch include \$10.00 per person with your registration. (please write on registration form that you want the box lunch).
Registration Deadline: 4/25
Sat 5/24 7:30a-6:30p
Option A: under 5 \$48
Option B: 6-16 yrs \$58
Option C: 17-adult \$73

BALTIMORE INNER HARBOR

Travel to Baltimore Aquarium on a motor coach. Fee includes admission to the aquarium & dolphin show. You can also explore the Inner Harbor on your own. Lunch is on your own.
Registration Deadline: 6/5
Sat 6/21 7a-5:30p
Option A: under 3 \$37
Option B: 3-18 yrs \$51
Option C: 19+ \$60

TWILIGHT HIKE ON SKYLINE DRIVE

Visit website for more details or mail a self addressed stamped envelope to our office, Attention: Twilight Hike.

NASCAR

Registration fee includes: Travel on a motor coach; Exclusive Pre-Race PIT PASS (from 2:00 p.m. - 5:00 p.m., time and weather permitting); Appetizers from 2:00 p.m. - 3:00 p.m.; All you can eat dinner buffet from 3:00 p.m. - 6:30 p.m.; Unlimited sodas and water; Question and Answer Session with a driver; Live band; Souvenir event program and prizes.
Registration fee is payable in 3 payments of \$87.00.
Registration deadline and Final Payment is due by 6/30
Sat 9/6 11:15a-1:15a \$261

NATIONAL ZOO

Travel up to the Smithsonian National Zoo on a motor coach. The best part of this trip - we do the driving into DC! All you have to do is show up, get on the motor coach, enjoy the zoo, and we'll bring you back.
Sat 10/11 8a-5p \$35

TRIP FAQ'S

- All trips will be picking up and returning to the Culpeper Sports Complex at the corner of Jonas Road and Greens Corner Road. Map available online.
- All ages are welcome. Anyone under 18 must be accompanied by an adult unless otherwise noted.
- Pre-registration is required for all trips by the registration deadline.
- If minimum has been met by the deadline, registration will continue to be accepted until the trip is full.
- Bus driver gratuities are not included in the registration fee.
- Return times are approximate.

Spring Schedule



2 EASY WAYS TO REGISTER!



Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).



By Mail

- Complete a registration form and mail with payment, cash, check or money order payable to: Culpeper County Parks and Recreation, **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
- Please include a self-addressed, stamped envelope, if you **require** registration confirmation.

Registration Information

Registrations:

- Registrations are welcome upon distribution of class information. Full payment must accompany registration in the form of cash, checks, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first-come, first-served basis. Anyone can participate regardless of County of residence.
- The Department is unable to accept telephone registrations at this time.

**REGISTRATION
FORM ON
PAGE 26**

Registration Decision:

- The registration decision date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held. So for everyone's benefit, please have your registration in before the decision date.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline refunds, less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit www.cancellations.com, or call our office at 540-727-3412 and select option 1.

Adjustments

- Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

The Department will be selling
Discounted tickets to Busch Gardens and Kings Dominion.
 Please visit our website at
www.culpepercounty.gov/parksnrec
 for pricing.

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov/ParksNRec

Culpeper County Parks & Recreation Registration Form

Program Name: _____ Dates: _____ Time: _____ Cost: _____
Session: _____ Option: _____ Day(s): M Tu W Th F Sa Su
Participant Name: _____ ☐M ☐F Age/Grade: ____/____ Birth Date: ____/____/____
Mailing Address: _____ City / Zip: _____/_____

OFFICE USE ONLY	
Amount Paid _____	Cash _____
Balance Due _____	Check _____
Date Paid _____	Other _____

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____
Email address: _____@_____ (will never be sold or distributed)
Parent/Guardian(s) Name (if participant is under 18): _____
Emergency Contact: _____ Relationship: _____
Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Media Release: ☐YES ☐NO INITIAL _____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (7yrs & older) _____ Parent / Guardian Signature (if participant 17 or younger) _____ Date _____

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: www.culpepercounty.gov

Please only one program per form. Photocopies of form are acceptable.

Culpeper County Parks & Recreation Registration Form

Program Name: _____ Dates: _____ Time: _____ Cost: _____
Session: _____ Option: _____ Day(s): M Tu W Th F Sa Su
Participant Name: _____ ☐M ☐F Age/Grade: ____/____ Birth Date: ____/____/____
Mailing Address: _____ City / Zip: _____/_____

OFFICE USE ONLY	
Amount Paid _____	Cash _____
Balance Due _____	Check _____
Date Paid _____	Other _____

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____
Email address: _____@_____ (will never be sold or distributed)
Parent/Guardian(s) Name (if participant is under 18): _____
Emergency Contact: _____ Relationship: _____
Phone: Hm: (____) _____ Wk: (____) _____ Cell: (____) _____

Media Release: ☐YES ☐NO INITIAL _____ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (7yrs & older) _____ Parent / Guardian Signature (if participant 17 or younger) _____ Date _____

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: www.culpepercounty.gov

Spring Schedule



THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department.

YOUTH SPORTS:

Culpeper Football Association -
Kenny Jackson - 540-547-9099

Culpeper Youth Football -
John Fotenos - 540-825-1854

Culpeper Youth Basketball -
Greg Ward - 540-547-9188

Culpeper Youth Baseball -
Michael Grant - 540-825-8310

Rappahannock Culpeper Baseball -
www.rappculpbaseball.com

Culpeper Lacrosse Association Foundation -
Scott Found - 540-825-3530

Culpeper Soccer Association -
www.culpepersoccer.net

Culpeper Wrestling Federation
Mark Hamilton - 540-547-2696

ADULT SPORTS:

Culpeper Adult Flag Football League - Paul or
Amiee Hoffman - 540-923-4683

COMMUNITY:

Blue Ridge Chorale of Culpeper -
Judy Gore - 540-825-2859

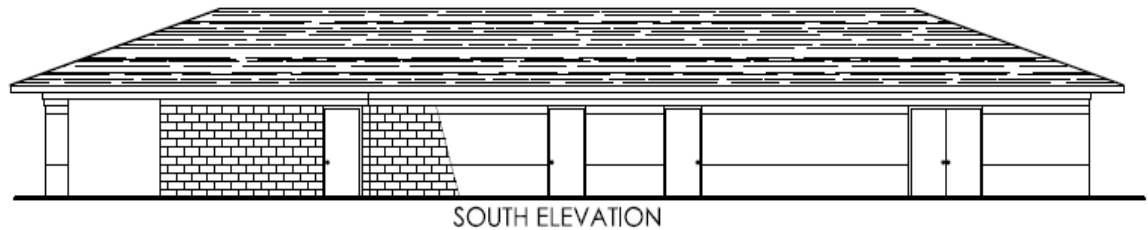
Culpeper Blue Angels All-star Cheer & Dance
Kym Majors - 540-727-2087

CULPEPER RECREATION FOUNDATION, INC

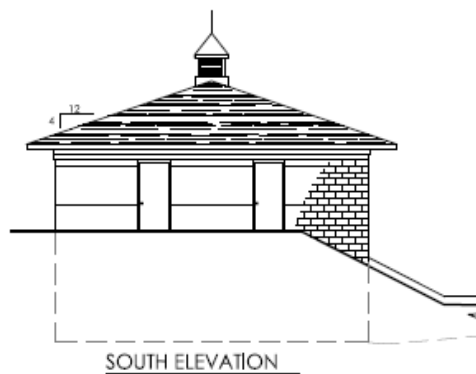
While the Sports Complex has been a success – all the facilities necessary to service the community are still not available. One important missing link is the 2 restroom/concession buildings! Come together and make this a true community park.

The Culpeper Recreation Foundation, Inc. is a 501(c) 3 non-profit corporation. That means that your financial contribution is TAX-DEDUCTIBLE.

Please use the form on this page and show what the Culpeper community can do to help support its youth!



Football/Soccer restrooms/concession building



Baseball restrooms / concession building

CULPEPER RECREATION FOUNDATION, INC. DONATION

The enclosed amount of \$_____ is my contribution to help construct the two restroom/concession buildings at the Culpeper Sports Complex.

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Phone: _____

Please make checks payable to: Culpeper Recreation Foundation, Inc.
P.O. Box 36, Culpeper VA 22701